



Meet Your Coach
CAROLYN MAUE



Executive Coach &
Best-selling Author

Do you have an appetite for leadership?

Ever wonder what the best chefs and executive leaders have in common? They know the fundamental ingredients that make their work not just excellent, but memorable, inspiring—and even life-changing.

That's the idea behind "Gourmet Leadership." Based on her best-selling book, executive coach Carolyn Maue offers personalized leadership coaching and solutions to teach you what truly excellent leadership means—all by mixing together the right leadership "ingredients" and your "secret sauce" of strengths and experiences to excel in **today's rapidly changing workplace.**

GOURMET LEADERSHIP COACHING PACKAGES

01 The Executive Chef

Robust executive coaching customized for present and future executive leaders. Includes:

- Individual biweekly coaching sessions over 6-12 months
- Assessment process, including 360-degree process and feedback
- Personalized leadership development plan
- Focused development strategies to increase effectiveness and capacity
- Access to The Gourmet Leadership Experience™ immersive online course

Costs Customized with Consultation

02 The First Course

Designed with managers and supervisors in mind. Includes:

- Access to The Gourmet Leadership Experience™ immersive online course
- Up to 6 sessions of 1:1 applicability coaching
- A learning plan "recipe" template
- Certificate of completion

\$4,000 per person

The Gourmet Leadership Experience™ online course helps leaders:

- Discover real-time solutions to post-COVID workplace challenges
- Use what makes you special and unique to attract, motivate, and retain a talented team in any industry

Learn more

About Carolyn

gourmetleadership.com
or mauecenter.com

Contact Us

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Additional coaching services on back page.



Carolyn Maue serves up the perfect mix of ingredients for those looking to hone their leadership skills."

—Diane Holder, President/CEO, UPMC Health Plan, Inc.

03 A Taste of Leadership

The perfect entry into leadership development for aspiring leaders. Includes:

- Access to The Gourmet Leadership Experience™ immersive online course with 5+ hours covering fundamental leadership “ingredients”
- Downloadable exercises on skills you can immediately apply
- Online community of support
- Certificate of completion

\$399 per person

04 Never Eat Alone

Perfect for teams who seek collaborative learning or groups of emerging leaders. Includes:

- Access to The Gourmet Leadership Experience™ immersive online course
- 4 sessions of group coaching, including introduction to the course
- Facilitator’s Guide to support group process
- A learning plan “recipe” template
- Certificate of completion

\$8,000-\$12,000 per group, 4-12 participants

05 5-Star Leadership Experience

Half-day or daylong retreat with leadership teams to become more focused and successful in working together. Includes:

- A customized retreat that supports leadership team in clarifying vision, identifying individual team strengths, building skills in collaboration and conflict resolution, and clarifying goals and crucial next steps for organizational success
- Facilitated team exercises that build elements of successful teams
- Access to The Gourmet Leadership Experience™ immersive online course
- Optional add-on Gourmet Dinner Experience to creatively enforce leadership concepts

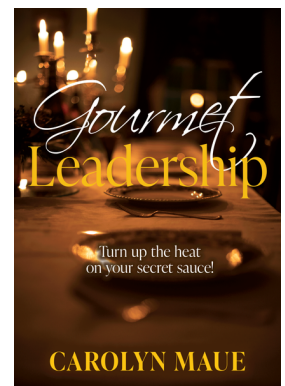
Costs Customized with Consultation

YOUR KEY TO:

- Managing energy, time, and priorities
- Building resilience in challenging and changing workplaces
- Developing high-functioning teams that respect and rely on one another
- Cultivating habits and routines that support mental health

Pairs Well

with Carolyn's best-selling book



Carolyn is an experienced leadership coach who has helped hundreds of people realize their potential with pragmatic, action-oriented solutions."

—Dale Whittaker, Ph.D., Senior Program Officer, The Bill & Melinda Gates Foundation